

Lesson 08B - How To Overcome Insecurity

(How Personal Insecurity Prevents Effective Leadership)

HOW TO HAVE EMOTIONAL SECURITY

The following are a way to help and empower us from sabotaging our self due to personal insecurities.

1. Search And Live Out Of Our Unique Purpose

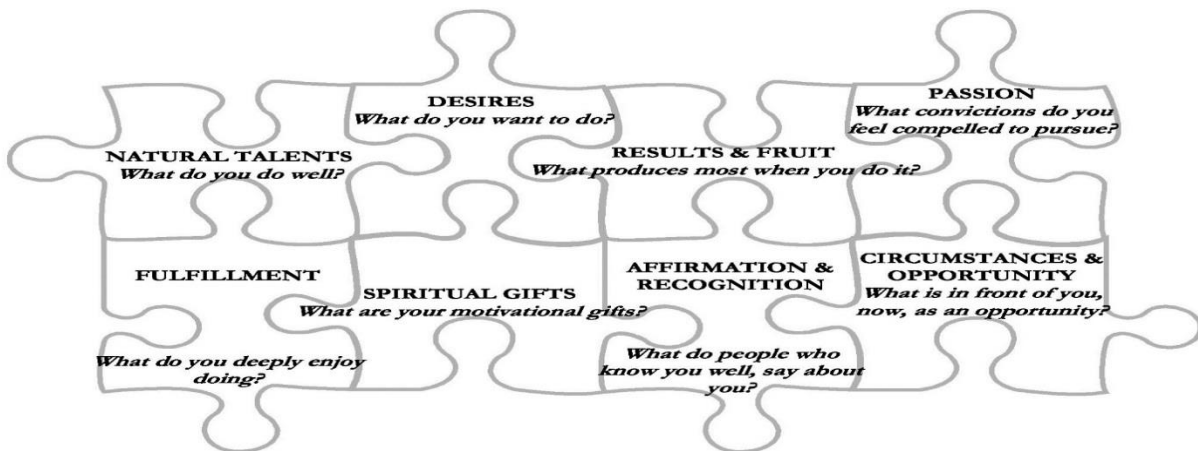
Discover and practice our God-given purpose in life, not someone else's.

JOHN 17:4 - *Jesus said, "I have glorified You on earth, Father. I have finished the work and accomplished the purpose you have given me."*

JOHN 20:21 - *Jesus said, "As the Father has sent me, so I send you..."*

Just as Jesus was sent with a specific mission to accomplish so we are sent to accomplish a specific purpose with each of our lives. Our lives are to be united with God's purposes for the world. Where do you fit into God's plan?

FIT THE PIECES TOGETHER...



2. Your Specific Life Mission Ought To...

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|--|----------------------------|
| a) Start with yourself | b) Be bigger than yourself |
| c) Contain life-changing convictions | d) Have eternal values |
| e) Center on God's priorities to reach the world | f) Include others |

3. Be Broken And True To The Lord

Psalm 51:17 (NLT) - The sacrifice you desire is a broken spirit. You will not reject a broken and repentant heart, O God.

A continual heart motivation of allowing God to heal us from self-sufficiency and self-promotion and other sin in our lives

a) Jacob

GENESIS 32:24-32 - Jacob wrestled God for twenty years, and finally learned the basics of God's grace and blessing: God "gives grace to the humble."

Brokenness before God opens the door to His Grace & Blessings in our lives
Jacob was:

- i. ALONE with God – nothing else; no-one else could help him, had no other source.
- ii. HONEST to God – He stopped lying about who he was; he confessed his sin.
- iii. HUNGRY for God – He determined he wouldn't leave until God blessed him.
- iv. BROKEN by God – He was broken of his stubborn, self-sufficient lifestyle.

Where we believe we get our source from makes a difference on how we live, how we express our leadership skills and how we minister to others.

b) King David

King David also longed to experience the grace and blessing of God in his leadership. After his selfish sin with Bathsheba and when he came to his senses we can see the structure of his prayer in Psalm 51

- i. A plea for cleaning (v.1-3) 'Have mercy...wash me...purify me
- ii. A recognition of the barrier he'd created (v.4) recognized sin, evil, your judgement right
- iii. An acknowledgement of the truth (v.5-9) You desire truth, your wisdom is in me from birth
- iv. A hunger for God's presence (v. 10-13) create a clean heart, do not remove yourself
- v. A worshipping posture (v.14-15) joy because of forgiveness, praise God's mighty name
- vi. A broken and contrite heart (v.16-17) sacrifice of self; heart motivations, attitudes etc

4. Find Identity In Him

Our self-worth is in our identity in Christ, not people or performance.
(we are not to allow 'others' to determine our self-worth – God's word is the final Word)

2 Corinthians 5:16-18 (NLT) - ¹⁶ So we have stopped evaluating others from a human point of view. At one time we thought of Christ merely from a human point of view. How differently we know him now! ¹⁷ This means that anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! ¹⁸ And all of this is a gift from God, who brought us back to himself through Christ. And God has given us this task of reconciling people to him.

Meditate and embrace (accept them) the truths of this passage...

- a) You are a new person
- b) You have a new position: you are now placed "in Christ" as well as "in the world."
- c) You have new possessions: you have been given resources inside of you.
- d) You have new potential: you have been given these to fulfill a ministry to others.

What receiving & 'walking in' the NEW you looks like – and there is so much more!

Righteousness – 2 Corinthians 5:21 Life – John 10:10, 1 John 3:15 Wisdom – 1 Corinthians 1:30 Faith – Romans 12:3, Ephesians 2:8 Holy Spirit – John 14:17 Grace – Ephesians 4:7 Power – Ephesians 1:18-20 Special Gift(s) – 1 Peter 4:10	Love, Joy, Peace Patience Kindness Goodness Gentleness Meekness Self-Control Galatians 5:22-23
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- **What do we need to do?**

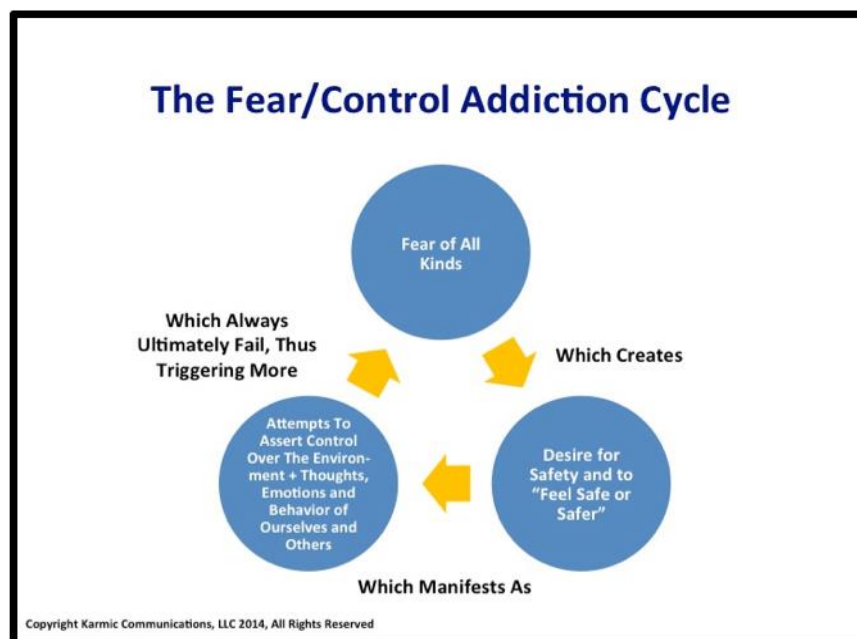
- Renew our perspective: See our self based on our position not our experience.
- Release our past: Let go of old images, sins, and baggage that prevent maturity.
- Remember our purpose: we are to minister the release of the Kingdom of God in our anointed sphere of influence.

FALSE IDENTITY STATEMENTS – I AM....

1. Basic Lies That Enable The Shame-Fear-Control Stronghold

Shame	Fear	Control
I am a mistake. I am flawed. I am bad. I am defective. I am shameful/shame.	What if they find out? They will not like me! They will reject me! I'll be laughed at! I'll never change!	I'll control everything so that they won't find out what I'm really like, and so I won't get hurt or suffer more pain.

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2. Shame/ fear-control (SFC) stronghold from the beginning

- Genesis 3:10 describes how SFC became established in Adam and Eve's lives.
- Rebellion/Disobedience caused Adam and Eve to lose their God-given identity as being favored!
- Adam believed the lies of the SFC Stronghold and accepted a false identity.
- Genesis 3:10 - ADAM SAID, "I WAS NAKED." "I WAS AFRAID." "SO I HID MYSELF."
- Adam's false identity caused him to run from God instead of toward God.
- When we believe a lie about our true identity, then it's hard to trust God and want to get close to Him.

3. Shame-Fear-Control Stronghold Cycle Example

- a) Shame lies to us about who we are. - "I believe that I am damaged."
 - b) Fear sets in and holds us back from seeing who we are. - "I am fearful others will see my faults."
 - c) Control promises to protect us from more pain. - "I need to control to protect myself from pain. I must pretend to be someone I am not."
- SFC (Shame-Fear-Control) wraps around our True Identity like a blanket so people can't tell to who we really are. Instead, they associate to our SFC 'covering' because that's all we allow them to see.
 - The lies we believe about ourselves twist our opinion of ourselves. They cause us to take on a False Identity, rather than God's Truth about who we are.
 - The enemy lies to us and we believe the lie is who we really are (part of our DNA).
 - When we believe the enemy's lies, we're in agreement with the kingdom of darkness, and Satan, the father of lies.
 - God has a better way. He wants us to come into agreement with Him and the Kingdom of Light and Truth by getting rid of our False Identity and accepting our True Identity!
 - If we think of our bodies, our mind, our spirit as our land and we have authority over it. God wants us to use that authority with the Truths that He has for us.
 - Isaiah 61:6-7 New Living Translation (NLT) - ⁶You will be called priests of the Lord, ministers of our God. You will feed on the treasures of the nations and boast in their riches. **(you will take back what the enemy has stolen from you)** ⁷ Instead of shame and dishonor, you will enjoy a double share of honor. You will possess a double portion of prosperity in your land, and everlasting joy will be yours.

4. False Identity Ministry Steps

- a) Prayer of submission
- b) Ask God to show you a lie that you believe about yourself
 - (see, hear, feel, remember) example: not affirmed, shamed, abused, lied to, disappointment in God, feelings of being insignificant...

- What are the lies you believed: “I am only as good as what I do” or “I am not as blessed, God does not love me as much as this other person”
 - self-worth, one’s value is attached to one’s performance, and the approval of others and comparing ourselves with another person’s achievements and not the grace that Father has for you.
- c) Renounce agreement with this lie
d) Ask God for your true identity
e) Receive His truth

RECEIVER’S SUBMISSION PRAYER

- Lord, I thank You that You have made me in Your image. Today, I confess the sin of believing lies that are distorting my True Identity, and causing me to see myself as less than who I am in You.
- I ask You to forgive me. As You show me the enemy’s lies today, I choose to forgive all those who have spoken lies to me, and have contributed to the ungodly ways I see myself.
- I reject the lies, I break agreement with the enemy, and I choose to accept the truth about who I am. In the precious Name of Jesus Christ I pray. Amen.

UNCOVER FALSE IDENTITY STATEMENT

- **ASK GOD to** show you a False Identity Statement about yourself.

RENOUCE AGREEMENT WITH THE FALSE IDENTITY STATEMENT

- I renounce and break agreement with the lie that I am _____.

RECEIVE HIS TRUTH

- ASK GOD FOR TRUE IDENTITY
- Say, “God, who do You say I am?”
- I receive God’s truth that says I am _____.

AFFIRMATION PRAYER - pray out loud the affirmation prayer:

- *I choose to accept these truths about myself. I affirm I have a God-given Identity. I am a new creation, created by God’s design, according to His Word. I am complete in Him. I choose to make God the final authority on who I am.*

MINISTERS DECLARE TRUE IDENTITY STATEMENTS

- Ask permission to lay hands on the person beside you and declare their True Identity Statements over them, alternate declaring the True Identity Statements to each other
- Example declaration: “Joe , you are an overcomer !”

MINISTER PRAYS CLOSING DECLARATION

- In the Name of Jesus, we proclaim that all lies, word curses, and agreements with the enemy that have distorted our True Identity have been renounced and their power is broken now by the power of the Cross and the shed blood of Jesus. We bind all demons involved with the deception and confusion about our True Identity until you are cast out in the Name of Jesus. Amen.”

WHAT TO DO NEXT

1. MEDITATE on the Scriptures that define your identity: in Christ/in Him/with Him.
2. Check yourself each time you COMPARE yourself to someone. Pause and thank God for the differences.
3. Focus attention on your STRENGTHS for a season. Identify and polish (develop, strengthen) your gifts, skills.
4. Identify the two or three most common LIES you believe about yourself. Write down the truth about those areas, then tell yourself the truth.
5. Find someone who is “safe” to be a SUPPORT person. Practice giving and receiving the love, encouragement, and truth you both need.
6. Watch for VULNERABLE situations: criticism, rejection, meeting someone important, a colleague’s success, failure and unfamiliar territory.
7. Remind yourself of the TRUTH: We are to imitate Christ – Who came and emptied Himself in order to serve others, not to be served. Be humble, be an encourager, speak life into people.